

# Arthritis Today

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BY SHARON ANNE WALDROP



## ■ Deni Food Steamer

Steam an entire meal at once with this 10-quart three-tiered steamer. The digital timer, LCD display and exterior water-level indicator take the guesswork out of steaming a perfect meal. And steaming preserves 50 percent more nutrients than boiling. **\$50,** [www.csnstores.com](http://www.csnstores.com).



## ■ C2 Climate Control by Herman Miller

The heating and cooling options of the Herman Miller C2 Climate Control device allow you to control ambient temperature. Also functions as an air filter, intercepting particles as small as five microns, like pollen, dust and pet dander. **\$280,** [www.allmodern.com](http://www.allmodern.com). AT