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*metro mama*  
*metro baby*



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## All Hail Dads and Grads

By Bonnie Kimberly Taylor

Fathers and Graduates deserve to revel on their day of honor, since all have worked hard to create a better future. Here are a few gift suggestions to show your love for the special achiever in your life:



Anyone will appreciate the **Humanscale Foot Machine** after a long day of toiling at work. Made of sturdy wood with rolling balls for massaging, the foot machine can easily fit under any chair for a relaxing foot massage. It's easy to store and built strong so it can be used for years to come. Order it at [www.CSNstores.com](http://www.CSNstores.com). Dad's bone-tired dogs will thank you. Add a pair of soothing **Magnetic Reflexology Insoles** from Gaiam, and your loved one's every step throughout the day will be comfortable. Find them, and other pampering products, at [www.gaiam.com](http://www.gaiam.com).